

Shaman Retreat Schedule 2020

(subject to change)



Wednesday October 28

3:00 PM - 5:00 PM	Arrival
5:00 PM - 6:00 PM	Welcome & Orientation
6:00 PM - 6:45 PM	DINNER
7:00 PM - 7:45 PM	(Either FIRE PIT or FIRE PLACE) Opening Meditation, Ceremony, Introduction to Shaman Tarot Join in The Sacred Circle and set your Intention for the weekend Introduction to the Sacred Pouch
8:00 PM - 10:00 PM	Bonfire! Opening Shamanic Journey <i>sunset: 6:41pm</i>

Thursday October 29

7:30 AM - 8:15 AM	Morning Meditation (optional) <i>sunrise: 7:52am</i>
8:15 AM - 9:00 AM	Break and Snack
9:00 AM - 10:00 AM	Shamanic Past Life and Animal Guide
10:00 AM - 10:45 AM	BRUNCH
11:00 AM - 12:00 PM	Walking the Labyrinth, Meditative Earthing, Forest Bathing and Earth Symbolism
12:00 PM - 1:30 PM	Rock Hounding (optional) ~ by the creek
2:00 PM - 3:30 PM	Learn the principals of Shamanic Healing with Sound
3:30 PM - 6:00 PM	FREE TIME
6:00 PM - 7:00 PM	DINNER
7:30 PM - 10:00PM	Bonfire! Shamanic Symbolism/Tarot <i>sunset: 6:40pm</i> Shamanic Healing and Clearing Journey with Drum and Gong

Thursday October 29 (RAIN COVER)

7:30 AM - 8:15 AM	Sleeping Meditation (suggested) <i>sunrise: 7:52am</i>
8:15 AM - 9:00 AM	Break and Snack
9:00 AM - 10:00 AM	Shamanic Past Life and Animal Guide TREE HOUSE
10:00 AM - 10:45 AM	BRUNCH
11:00 AM - 1:00 PM	Shamanic Tarot, Earth's Symbolism, Meditative Journey LODGE
1:00 PM - 4:00 PM	FREE TIME
4:00 PM - 5:30 PM	Principals of Shamanic Healing with Sound TREE HOUSE
6:00 PM - 7:00 PM	DINNER
7:30 PM - 10:00PM	JOURNEY BY FIRE (FIRE PLACE) Shamanic Symbolism/Tarot Shamanic Healing and Clearing / Journey with Drum and Gong <i>sunset: 6:40pm</i>

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Friday October 30

7:30 AM - 8:15 AM	Morning Meditation (optional) <i>sunrise: 7:53am</i>
8:15 AM - 9:00 AM	Break and Snack
9:00 AM - 10:00 AM	Shamanic Walk: The Language of Nature and Tarot
10:00 AM - 10:45 AM	BRUNCH
11:00 AM - 1:00 PM	Giving a Shamanic Tarot Reading
1:00 PM - 2:00 PM	Mindfulness: Deep Peace, Deep Listening - Pouch Creation
2:00 PM - 4:00 PM	FREE TIME: Silver Eagle Store (optional: opportunity to discount purchase)
5:00 PM - 6:00 PM	Gathering of the Tribe including the Weekend Guest FIRE PIT
6:00 PM - 7:00 PM	DINNER
7:30 PM - 10:00PM	Bonfire! "Welcome Home" with Animal Spirits FIRE PIT <i>sunset: 6:39pm</i>

Friday October 30 (RAIN COVER)

7:30 AM - 8:15 AM	Sleeping Meditation (suggested) <i>sunrise: 7:53am</i>
8:15 AM - 9:00 AM	Break and Snack
9:00 AM - 10:00 AM	Shamanic Walk: The Language of Nature and Tarot TREE HOUSE
10:00 AM - 10:45 AM	BRUNCH
11:00 AM - 1:00 PM	Giving a Shamanic Tarot Reading
1:00 PM - 2:00 PM	Mindfulness: Deep Peace, Deep Listening - Pouch Creation
2:00 PM - 4:00 PM	FREE TIME: Silver Eagle Store (optional: opportunity to discount purchase)
5:00 PM - 6:00 PM	Gathering of the Tribe including the Weekend Guest FIRE PLACE
6:00 PM - 7:00 PM	DINNER
7:30 PM - 10:00PM	Bonfire! "Welcome Home" with Animal Spirits FIRE PLACE <i>sunset: 6:39pm</i>

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Saturday October 31

7:30 AM - 8:15 AM	Morning Meditation (optional) <i>sunrise: 7:54am</i>
8:15 AM - 9:00 AM	Break and Snack
9:00 AM - 10:00 AM	Meeting Your Wisdom Counsel
10:00 AM - 10:45 AM	BRUNCH
11:00 AM - 12:00 PM	Cellular Stress Reduction Meditation, Deep Tranquility
12:00 AM - 1:00 PM	Journey of Shamanic Shape-shifting
1:00 PM - 2:00 PM	Medicine Pouch Creation for Despacho Ceremony
2:00 PM - 4:00 PM	Cloud Gazing and FREE TIME (Forest Bathing - Rock Hounding)
4:00 PM - 6:00 PM	Mystical Journey of Insight - Readings from The Shaman Tarot
6:00 PM - 7:00 PM	DINNER
7:30 PM - 10:00PM	Bonfire! Journey of All Hallows Eve with a FULL BLUE MOON! <i>sunset: 6:38pm</i>

Sunday November 1

6:30 AM - 7:15 AM	Morning Meditation (optional) <i>sunrise: *6:55am</i>
7:15 AM - 8:00 AM	Break and Snack
8:00 AM - 9:00 AM	Journey to the Counsel of Wisdom
9:00 AM - 10:00 AM	Check out of Room and Break
10:00 AM - 10:45 AM	BRUNCH
11:15 AM - 1:00 PM	Walking the Labyrinth with Closing Journey and Description
1:00 PM	<i>Aloha!</i>

** Daylight Savings Time Begins*